

INCOME ELIGIBILITY GUIDELINES  
Effective from July 1, 2022 to June 30, 2023

HOUSEHOLD SIZE	FEDERAL POVERTY GUIDELINES		REDUCED PRICE MEALS - 185 %							FREE MEALS - 130 %						
	ANNUAL		ANNUAL	MONTHLY	TWICE PER MONTH	EVERY TWO WEEKS	WEEKLY	ANNUAL	MONTHLY	TWICE PER MONTH	EVERY TWO WEEKS	WEEKLY				
<b>48 CONTIGUOUS STATES, DISTRICT OF COLUMBIA, GUAM, AND TERRITORIES</b>																
1	13,590	25,142	2,096	1,048	967	484	17,667	1,473	737	680	340					
2	18,310	33,874	2,823	1,412	1,303	652	23,803	1,984	992	916	458					
3	23,030	42,606	3,551	1,776	1,639	820	29,939	2,495	1,248	1,152	576					
4	27,750	51,338	4,279	2,140	1,975	988	36,075	3,007	1,504	1,388	694					
5	32,470	60,070	5,006	2,503	2,311	1,156	42,211	3,518	1,759	1,624	812					
6	37,190	68,802	5,734	2,867	2,647	1,324	48,347	4,029	2,015	1,860	930					
7	41,910	77,534	6,462	3,231	2,983	1,492	54,483	4,541	2,271	2,096	1,048					
8	46,630	86,266	7,189	3,595	3,318	1,659	60,619	5,052	2,526	2,332	1,166					
For each add'l family member, add	4,720	8,732	728	364	336	168	6,136	512	256	236	118					
<b>ALASKA</b>																
1	16,990	31,432	2,620	1,310	1,209	605	22,087	1,841	921	850	425					
2	22,890	42,347	3,529	1,765	1,629	815	29,757	2,480	1,240	1,145	573					
3	28,790	53,262	4,439	2,220	2,049	1,025	37,427	3,119	1,560	1,440	720					
4	34,690	64,177	5,349	2,675	2,469	1,235	45,097	3,759	1,880	1,735	868					
5	40,590	75,092	6,258	3,129	2,889	1,445	52,767	4,398	2,199	2,030	1,015					
6	46,490	86,007	7,168	3,584	3,308	1,654	60,437	5,037	2,519	2,325	1,163					
7	52,390	96,922	8,077	4,039	3,728	1,864	68,107	5,676	2,838	2,620	1,310					
8	58,290	107,837	8,987	4,494	4,148	2,074	75,777	6,315	3,158	2,915	1,458					
For each add'l family member, add	5,900	10,915	910	455	420	210	7,670	640	320	295	148					
<b>HAWAII</b>																
1	15,630	28,916	2,410	1,205	1,113	557	20,319	1,694	847	782	391					
2	21,060	38,961	3,247	1,624	1,499	750	27,378	2,282	1,141	1,053	527					
3	26,490	49,007	4,084	2,042	1,885	943	34,437	2,870	1,435	1,325	663					
4	31,920	59,052	4,921	2,461	2,272	1,136	41,496	3,458	1,729	1,596	798					
5	37,350	69,098	5,759	2,880	2,658	1,329	48,555	4,047	2,024	1,868	934					
6	42,780	79,143	6,596	3,298	3,044	1,522	55,614	4,635	2,318	2,139	1,070					
7	48,210	89,189	7,433	3,717	3,431	1,716	62,673	5,223	2,612	2,411	1,206					
8	53,640	99,234	8,270	4,135	3,817	1,909	69,732	5,811	2,906	2,682	1,341					
For each add'l family member, add	5,430	10,046	838	419	387	194	7,059	589	295	272	136					